

Canterbury Newsletter March 2022

BRANCH COMMITTEE UPDATE



Would you like to be part of the committee?

Our Branch AGM is in May and there will 4-5 vacancies to fill, including Secretary. Is this the opportunity you have been waiting for, to become involved, sharing your passion and expertise to continue to build on the great work the current committee has done and continue to do.

Would you make a great Branch Manager? If that is a position you aspire to fill, then join the committee and spend the next 12 months learning the ropes with a view to stepping into the role in 2023 when our current Branch Manager's term ends.

South Canterbury Network Group

Jennifer Wood has been doing amazing work for South Canterbury members by organising the network group events up to now, however we are looking for any members in the South Canterbury area who are willing to support Jen going forward to enable the group to continue providing opportunities to network

REVIEW OF OUR FEB EVENTS

Hand Arm Vibration & Christmas Party



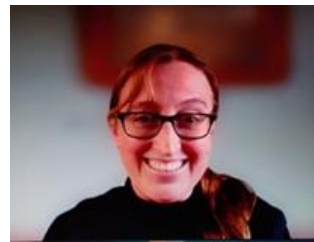
This was a joint NZISM & NZOHNA meeting that was well attended given the current climate and it was great to get back to face to face meetings even if it was a little different with facemasks, scanning and swiping. The presentation by both Jason Johnstone and Mary were well received and definitely complemented each other, providing both personal knowledge and medical experience around what is still a very serious health hazard to works using vibrating tools and equipment across many industries.

Turns out that Mary is an avid follower of Jason's journey and could not speak highly enough of his determination to raise awareness of HAVs. Jason provided us with a demonstration of the glove-based monitoring tool he has developed and is now looking to

put into production, so it can be available for everyone to use. Further details can be found in the letter accompanying this email and any questions should be directed to Jason at jason@vibration-action.com

The venue provided us with some great nibbles afterwards while folks took the opportunity to have a good old catch up

North Canterbury Social Event



It was an intimate but fun social catch up, hosted by Kate Sutcliffe at the Good Home in Pegasus, North Canterbury. Kate says, although small on numbers (a sign of the current times), it

was a great opportunity to have some open conversations about the challenge we are currently facing. Keeping up with COVID-19 requirements and the frustrations that has brought was top of the list, but also other wide-impacting issues that have health and safety implications, such as the West Coast floods, were also discussed. It's always uplifting to hear from those going through similar challenges - knowing we are not alone is half the battle. And the Chicken bites and chips were rather good too!

The North Canterbury meet-ups vary in times to provide different options for those who cannot make other NZISM sessions.

UPCOMING EVENTS – Please register for all events via NZISM website –

<https://www.nzism.org/info/branch/canterbury/>

APRIL 14TH – SOCIAL EVENT - time from 6pm

Venue - No 4 Bar, 4 Mansfield Ave, Merivale – private area booked.



This is the Thursday before Easter so if you are around then come in and have a drink, a catch up and some nibbles. Car parking on the street or in the mall car park.

<https://no4bar.co.nz/>

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As this is a purely social event there is no need to register, just turn up.

MAY – CANTERBURY BRANCH AGM – date, time & venue TBC

COMMITTEE MEMBERS BIO

10 Questions with Whitney Tahau – Tech Support and Branch Comms

• What does your job involve?

Assessing critical risk, managing contractor health and safety, coordinating and conducting internal and external audits, just to name a few things.

• Why did you choose to work in this field?

In 2015 I saw an opportunity to branch out from warehousing and logistics into a totally new field, so I grabbed it with both hands! Workplace health and safety has always been fascinating to me, particularly incident investigations and understanding root cause.

• What do you like about it?

I enjoy learning how people do things and how their mind works. I think our field has come a long way, particularly regarding health and safety including mental health. Understanding the whole person or package and how that impacts safety and the workplace has been interesting.

• What are the challenging bits?

I think developing a health and safety culture can be quite challenging. I've worked in a couple of places where safety was more of a box ticking exercise which is quite sad. When you have a workforce that can appreciate the 'Why' in safety it's very rewarding.

• Who inspires you and why?

Working Mums! After becoming a new mum last year, I have learned first hand how hard it is to juggle working, being a mum, maintaining a happy home and relationship and also finding time to fill your own cup too. I've met some fantastic working mums who must have super powers... they are AMAZING.

• Something you won't find on my LinkedIn profile is...

In 2017 we adopted a 3yr old Staffy-cross from Christchurch Bull Breed Rescue and named her Jazzy (her rescue name was Genesis).

• What was the BEST thing about your 2021?

Becoming a mum. Our wee daughter Aislin came into the world on May 17th at 11:06pm weighing in at 6lbs 11oz and 52cm long.

• If you could be anywhere in the world right now it would be...

Bora Bora or Raiatea. Sun, sand and a few cheeky cocktails sounds perfect. I've been once before (over 10yrs ago) and have been dying to go back again. At this point I'd settle for anywhere in French Polynesia.

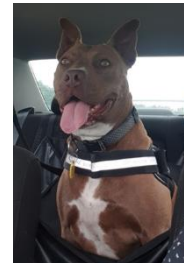
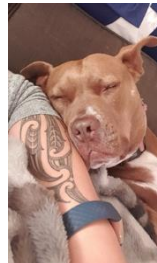
• What do you do on a typical Sunday?

Lay in – if our little monkey will let us. Otherwise, Sunday's are for a bit of tidying up around the house (nothing too stressful), maybe a walk if the weather is nice, a chai latte at a little café and a little relaxing. If the weather is poor, we'll stay indoors and watch a good show or movie.

• What do you like to do in your spare time?

I'm very interested in photography. I purchased my first camera in 2021 so I have been enjoying learning how to use it properly! Who doesn't love a good sunset pic? I also prefer to be behind the camera and not in front of it!

Aislin Amelia – our (now) 10-month-old



Jazzy – our four-legged baby who loves a walk and a snuggle on the couch.

If you would like to showcase in our next newsletter, then please send us your photograph and a short bio by 5th of the month to canterbury@nzism.org

Please include the following in your bio:

- What does your job involve?
- Why did you choose to work in this field?
- What do you like about it?
- What are the challenging bits?
- Who inspires you and why?
- Something you won't find on my LinkedIn profile is...
- What was the BEST thing about your 2021?
- If you could be anywhere in the world right now it would be...
- What do you do on a typical Sunday?
- What do you like to do in your spare time?

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MEMBERS SPOTLIGHT

Congratulations to those Canterbury based members who progressed through the accreditation programme in February



Stephen Journee



We would like to welcome all our new members who should have received a welcoming letter from the committee. If you have recently joined but have not received any communication, please let us know by emailing canterbury@nzism.org

2022 NEW ZEALAND WORKPLACE HEALTH & SAFETY AWARDS – organised by SAFEGUARD

The call for entries into the 2022 Awards are now open and entries close on 1 April 2022. Download the entry pack and entry forms from the [How to Enter page](#)

QUESTIONS?

For any awards enquiries, please email safeguardawards@thomsonreuters.com

2022 CANTERBURY NZISM AND NZOHNA CONFERENCE 15TH & 16TH September.

Do we have any members whose secret passion/talent is photography?

For our conference we are looking for someone who can take photos of both days as well as in the evening at the dine and dance.

In return we will give you free tickets to the whole event including the dine and dance.

If this is you, then please email canterbury@nzism.org

Please register for all events via NZISM website—
<https://www.nzism.org/info/branch/canterbury/>

And Finally...

PLEASE RENEW YOUR MEMBERSHIP



NZISM memberships run annually and expire at the end of March

The price of renewed membership has been held to just \$250 for a further 12 months [log onto NZISM website to renew](#)